



This is the second monthly newsletter of the National Family Support Network, a way of promoting events and spreading news throughout the network.

News

Annual Work Conference

Our Annual Work Conference is now accepting bookings! It will take place on the **4th of November** in the **Green Isle Hotel, Newlands Cross, Dublin 22**. This year promises to be one of our best, with a wide variety of workshops, speakers and holistic therapies available. This year we will also be hosting a World Café on the topic of Kinship Care, which will allow our members to discuss a very pressing topic and share their insights with each other and us.

For more information, rates, and the booking form, please follow visit our website, fsn.ie.

Drug Related Intimidation Reporting Programme

The National Family Support Network in partnership with the Garda National Drugs and Organised Crime Unit operate a Drug Related Intimidation Reporting Programme. This provides a way for family members affected by drug related intimidation can seek advice from a trained Garda Inspector in a non-judgemental and confidential manner.

Please note that the latest, most up to date list of nominated inspectors dealing with Drug Related Intimidation in each area is available on our website. Please note that this is the latest, most up to date list. If you would like more information give us a call in the office at 01-8980148.

Upcoming Events

This year also marks 10 Years of NFSN existing as an autonomous organization. To celebrate this event, we're hosting an event on the **6th of December**, in **St. Andrews Resource Centre, Dublin 2**. At this event we'll have a number of speakers looking back at our history and achievements, and we'll also be launching our Valuing Family Support report, which looks at the social return on investment for family support. More information will be available soon.

NFSN is hosting a peer supervision session from **10:30am to 2pm** on the **20th of November**, in the **NFSN Offices, 5 Gardiner Row, Dublin 1**. This session is an opportunity for members who are currently facilitating groups to share their experiences of facilitation, learn from each other, and provide support.

Other Events, free unless stated

Community Mental Health Programme, hosted by Grow Ireland - St. Agnes Parish Centre, Crumlin, Dublin 12 - Commences 3rd of October, 3 - 4pm - RSVP to 086-8033126 or midlandregion@grow.ie.

Northstar Family Support Project's 9th annual Service of Commemoration and Hope - Augustinian Church, O'Connell Street, Limerick - 12th of October, 7pm - RSVP to caroline@northstarproject.ie

Social, Information and Self-Care Programme, hosted by Hope Cottage - Kill, Co. Kildare - 10 weeks from 7th of November, 10 to 12 noon - RSVP to swfsn1@gmail.com or call on 045-877991.

Training opportunities

The Wheel have announced a number of training events over the rest of the year, many of which will be of interest to workers. More information on them is available on thewheel.ie.

Network Highlights

International Overdose Awareness Day

On the 31st of August the National Family Support Network, alongside the HSE and UISCE (Union for improved Services, Communication and Education) marked International Overdose Awareness Day to help raise awareness of the impact of drug overdoses on individuals, their families and loved ones. An event was held in the Saol Project in Dublin 1 and Maureen Penrose spoke passionately on behalf of families who have experienced the death or injury of a loved one through substance misuse. The National Family Support Network is represented on the Naloxone Demonstration Project and the key message of the campaign is to **'Ask your GP about Naloxone'**. A GP can give a person who uses drugs two prescriptions for Naloxone so that a family member can carry their own Naloxone if they need to use it on their loved one in the case of an overdose. If you would like more information or to get trained in how to use Naloxone phone our office on 018980148.

Recovery Walk

Our Development Officer Conor hosted an information stand at Recovery Academy's annual Recovery Walk, on the 9th of September. This walk is held each year to bring together people in recovery along with their family members to celebrate recovery and show that it works. This was a great opportunity for us to show our support and provide information on our work to the attendees.

If you have any events or information that you would like to be shared in future newsletters please contact us directly before the 25th of September. You can email us at development@fnsn.ie or call 01-898-0148.

Best,
The NFSN team