



This is the sixth monthly newsletter of the National Family Support Network, a way for us to promote events and spreading news throughout the network.

## News

### **NFSN Annual Service of Hope and Commemoration**

We're currently deep in preparation for our annual Service of Hope and Commemoration on the 1st of February, and it's promising to be one of the best yet. The service will be held in **Our Lady of Lourdes, Sean McDermott Street** at **7.30pm** and will feature music from the High Hopes Choir, with a reception afterwards in the **Gresham Hotel, O'Connell Street**. We know that our service is always popular and well enjoyed by all, so we hope you can join us on the night. Full details will be available in January.

We'd like to thank all the groups who have kindly lent us their quilts to be displayed at the service. This display is one of the highlights of the service every year, and this promises to be as good as ever. All quilts will of course be returned as soon as possible after the service.

## **Upcoming Training/Events**

### **Alcohol & Teenagers**

Foroige Tallaght are hosting a free workshop for parents on Saturday, the 27th of January from 3-5pm. The workshop will be hosted in Foroige Tallaght Youth Service, Main Road, Tallaght, Dublin 24, and is open to all. To book a place, please Suzanne at [suzanne.lindsay@foroige.ie](mailto:suzanne.lindsay@foroige.ie), or call **01-4516322** or **086-7969726**

## **Crinan Youth Project open Service**

The Crinan Youth Project would like to invite you to their service to gain knowledge and information around the services they provide to 14-21 years presenting with problematic substance mis-use in the North East Inner City, and how to access them. The service will be on **Friday the 26th of January in Crinan Youth Service at 72, Lower Sean McDermott Street, Dublin 1**, and will go from **10:30am to 11.30**.

## **Triple P (Positive Parenting Programme)**

North Dublin Regional Drug Task Force is hosting a number of sessions over the next three months of Triple P (Positive Parenting Programme), focusing on common parenting problems: Managing Fighting & Aggression; Good Bedtime Routines; Dealing with Disobedience; Hassle-Free Shopping (strategies for dealing with disobedience outside the home). These sessions will take place in both Swords and Balbriggan. To register or for more information, please contact **karen@ndublinrdtf.ie**. Please note that places are limited, so registration is essential.

## **Incredible Years Parenting Programme**

Step By Step Child and Family Project have organized a 14 week parenting programme, entitled "Incredible Years" aimed at parents with children between 5 and 12 years of age. The programme will start on the **14th of February, 10.30am to 12.30pm**, and will take place in the **Step by Step offices at 6 Coke Lane, Smithfield, Dublin 7**. Please contact Ceara at **cearastepbystep@gmail.com** or call **086-1648780** to book a place.

## Network Highlights

### **TDATF "Supporting the Next Generation" seminar**

Following on from the launch of their "Next Generation" research, Tallaght Drug and Alcohol Task Force hosted a seminar entitled "Supporting the Next Generation" on Wednesday the 24th of January. This seminar provided an opportunity to support the dissemination of the research messages and foster dialogue with a wider audience on how we can better understand the needs of the next generation and work together to support them to reach their full potential. The seminar was a great success, and we wish TDATF all the best in their future work on the topic.

If you have any events or information that you would like to be shared in future newsletters please contact us directly before the **26th of February**. You can email us at **development@fnsn.ie** or call **01-898-0148**.

All the best,

The NFSN team